

2010 Rulebook
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- Final



2010

**CABA World Series and
National Championship Rules**

**Directory of National Officers
Directory of Regional Directors
Directory of CABA World Series Directors
Directory of National Championship Directors**

**CABA World Series Sites and Dates
National Championship Sites and Dates
2009**

**World Series And National Champion
Champions, Runner-ups
And Award Winners**

(Index Pages 2 - 5)

**Continental Amateur Baseball Association
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Front Cover

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Continental Amateur Baseball Association Honors Roger Tremaine

With The Roger J Tremaine Memorial Award

The entire Continental Amateur Baseball Association was deeply saddened upon the unexpected loss of their Executive Director Roger J Tremaine on October 8, 2005. Roger a person who best exemplified his outstanding qualities in the leadership of The Continental Amateur Baseball Association shall be dearly missed.



Larry Redwine - Executive Director
John E. Mocny - Commissioner
Fran Pell - Executive Vice President
Rob Mackey - Vice President Info. Systems
Janis Hogg - Vice President Administration
Mike Maundrell - Vice President of Legal
Mike Montgomery - Vice President of Public Relations
EnRico Heirman - Vice President of Marketing
Jerry Salyers - VP For Membership Development
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(Please see page 1 for details)

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**Roger J Tremaine Memorial
Scholarship Fund**

The Roger J. Tremaine Memorial Scholarship is administered by Otterbein College located in Westerville, Ohio. This is the institution where Roger taught prior to his most recent retirement.

Dr. Duane G. Buck (Special Web Site Director) has advised the National Board of Directors that Otterbein College established and is monitoring the endowment fund for the Roger J. Tremaine Memorial Fund. This scholarship endowment fund must be at a monetary amount of (\$15,000) fifteen thousand dollars before any scholarships may begin to be awarded.

It is the intent of the CABA National Board of Directors to make a donation to the Roger J. Tremaine memorial fund of (\$5,000) five thousand dollars during 2005 and a similar donation for 2006.

Our goal was that there would be enough additional donations to assist us in reaching the (\$15,000) fifteen thousand dollars or more during 2006.

Thanks to your generosity we passed the \$20,000 mark during 2007 as the scholarship fund is starting down at \$25,000. A scholarship was awarded this past academic year.

Donations should be made out to Otterbein College, with Roger Tremaine Scholarship Fund in the memo section, or a note of designation that accompanies the check designating it to the Roger Tremaine Scholarship Fund. Then forwarded to Larry Redwine, Executive Director, 1173 French Court, Maineville, Ohio 45039-8001.

Any questions may be answered by contacting Larry at (513) 677-1580, or by Email: lredwine@fuse.net

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DM: Means information found in the
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There will be NO refunds of World Series or National Championship fees paid to the national office inside 30 days of the scheduled starting date for the specific world series or national championship. (If fees are paid to the site, their own refund policy would be in effect and no refunds would be available in such case from the national office.)

Refund of fees requested from 30-45 days prior 50%

Refund of fees requested from 45-60 days prior to event 75%.

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Notes



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Revised October 30, 2009
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Continental Amateur Baseball Association
Section 2
Team Eligibility Requirements
Revised April 30, 2009

2.1 Team Composition.

Independent teams, league teams, all star teams, travel teams, select teams or any other combination of players are eligible to participate in CABA events. Host teams of a national level CABA tournament are permitted to host or play in any level CABA tournament. I.e. regional, state or NIT.

2.2 Team Roster Due Before First Tournament Game

The Team roster submitted at the managers meeting is final and official. Rosters submitted by a team not attending the managers meeting, must have submitted their roster to the World Series/National Championship Director prior to the managers meeting. If the opposing team finds a player in a game not on the original roster, said player must immediately be removed from the game or a forfeit will be declared. If, the team advances to another CABA tournament level, they may then submit a new roster. The maximum number of players per team roster is 25. If however, any housing, meals, free gate passes, banquet tickets and/or fun day passes are provided no more than twenty (20) players per team and no more than four(4) coaches will be taken care of.

B. The Maximum number of Players on a Team roster shall be 25.

C. The Minimum number of Players on a Team roster shall be 12.

2.3 Proof of Age.

All players entering a CABA tournament must have in their possession an original or photo static copy of their birth certificate, hospital certificate of birth, military certificate of birth, foreign passport. No player will be eligible to compete in any level of tournament play without one of the foregoing proofs of age.

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Section 2
Team Eligibility Requirements
Revised November 7, 2007

All players will be examined on this issue prior to the first game at each level of tournament and play for each respective team. At the **CABA World Series and National Championship** levels, only the Tournament Director may ask for more complete documentation of age and a player will not be able to play until such documentation is provided. Any coach bringing a player that is physically out of proportion from what is on the tournament roster or for a person of the particular age of that tournament, should definitely bring records from the players school, with photo, as well as official government agency records. Also these local officials, both school and government agency, should have written permission from the player and player's guardian to release the players age to the Tournament Director on the phone should the Tournament Director feel this is necessary and this should be done before they leave the local area to come to the Tournament. A copy of the written permission from the school and government agency should be given to the World Series Director at the beginning of the Tournament. Any coach and/or Manger who brings a player to any CABA tournament proven to be ineligible because of age shall be permanently disbarred from future participation in CABA tournaments at any level. Once a tournament starts, if it is established that a team has an over age player, that team will be permitted to play all games in that particular phase of the tournament without the over age player and/or players, but should they be in contention for any awards or advancement, they would not be eligible for such awards or advancement, and all other teams in their division would move up one notch. However, all teams in that division that are scheduled to play the team should do so.

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Continental Amateur Baseball Association Section 2 Team Eligibility Requirements Revised October 20, 2009

2.4 Birthday Cut Off Date.

May 1 of the current season is the birthday cut off used in all CABA age divisions.

Note: A player's age on April 30 of the year of participation is the player's age for that season.

2.5 Age Divisions.

CABA offers competition in individual age levels 8-16 and then 19 and under.: Beginning at age 15, player age guideline shall be by age AND class structure. I.e.: The following age guidelines will be adopted: 15 on April 30 of the season in question, but also 16 if the student was a freshman in the spring prior to the summer season in question. 16 on April 30 of the season in question, but also 17 if the student was a no more than a sophomore in the spring prior to the summer season in question. 17 on April 30 of the season in question, but also 18 if the student was a no more than a junior in the spring prior to the summer season in question. 18 on April 30 of the season in question, but also 19 if the student was a no more than a senior in the spring prior to the summer season in question.

The HIGH SCHOOL division is established for players 17 and under regardless of class in school, along with players 18 years of age who will be returning to school in the fall following their tournament participation (as verified by the school's administrative authority). In the 18 year old age level, any player 18 years of age on April 30th of the year of participation is eligible. IN ADDITION, a player age 19 on April 30 of the year of participation that can provide documentation that he/she was enrolled in High School in the Spring preceding the world series in question will also be eligible for participation pending verification by the world series director. The

2.6 Proof of Insurance.

Each team is required to have accidental insurance to cover the team in practice, regular season and post season tournaments. Prior to participating in a CABA

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Continental Amateur Baseball Association Section 2 Team Eligibility Requirements Revised November 7, 2007

sponsored tournament, a team must purchase and have proof of purchase of General Liability and Participant Accident coverage. Coverage could either be a program recommended by CABA or a program similar in nature accepted by any recognized national baseball program. It is required that each team indicates to the tournament director how they will handle all matters related to personal injury. It is not the responsibility of the CABA tournament host to provide expenses related to personal injuries and the manager, coaches and players (if under legal age, parent or legal guardian) must sign a release relieving the tournament host, the Continental Amateur Baseball Association, its officers and directors of any liability in this regard. The team must clearly show how these matters will be taken care of in case of an emergency.

2.8 Multiple Teams from the same State in the same World Series.

CABA policy regarding multiple teams from the same state in the same World Series varies depending upon the level of World Series. That policy, by level of play is:

2.8A Types of CABA Tournaments:

The CABA World Series in each level is designed for the very best teams in the country to participate. It is guaranteed, up to the maximum number of teams the host site is able to accommodate, that each state or sub state wishing to send one team shall be granted a spot, providing that state or sub state has filed proper paperwork and paid appropriate fees by the prescribed deadlines. Additional teams from the same state may be accepted on an individual basis if approved by the specific CABA Tournament Director and either the Executive Director, Commissioner or Executive Vice President. Considerations for acceptance would include, but not be limited to: (1) A state's reputation for producing

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Continental Amateur Baseball Association Section 2 Team Eligibility Requirements Revised April 30, 2009

World Series caliber teams and (2) an individual team's reputation for competitiveness and proper conduct. (3) World Series location in relation to the residence of the requesting team.

National Championship:

It is permissible to have multiple teams from a state, Sub State or even the same city in the National Championship. However, no state or sub state that has met time deadlines for the filing of paperwork and payment of fees desiring to send one team to a specific Series, shall be denied a spot because another state or sub state has been granted multiple team berths.

2.9 A Player May Play In More Than One CABA Tournament.

If dates do not overlap, a player may play in more than one CABA tournament at the same time or at a different age level. However, a player may play with no more than one tournament team in a given CABA tournament. If a player is found to be on the roster of two teams in the same tournament he will be assigned to the team with which he makes his first official appearance. For purposes of this rule, an official appearance occurs as soon as the first official pitch is thrown in a game that the player's name appears in the game lineup.

2.10 World Series and National Championship Teams Must Wear CABA Patches.

All players on all teams in a CABA World Series and National Championship age division from 8 through 18 must wear a CABA patch on either sleeve or front chest of each of the uniform worn the first game. The World Series Host must have patches available for teams at \$3 per patch for teams not already have acquired them from CABA National Office, their state director, or the site.

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Amateur Baseball Association
Section 3
Tournament Formats
Revised November 7, 2007

3.01 CABA Tournament formats

CABA distinguishes between requirements for qualifying tournaments and CABA World Series and National Championship play. It is standard practice that all CABA tournaments have some component of round robin (pool) play. However, directors of qualifying tournaments have discretion to determine local tournament formats, providing the format and cost for participation are provided in tournament literature prior to the acceptance of funds for participation

3.02 CABA Tournament cancellation

If a tournament is cancelled by the tournament director prior to the playing of any game, the full tournament entry fee shall be refunded by the tournament director (or host as appropriate). If teams drop out prior to the start of a tournament or prior to tournament completion, there shall be no refund providing the tournament director has provided participants a schedule for completion that continues the tournament on successive "playable" days the host has use of facilities to complete the tournament. Each CABA sanctioned tournament shall inform participants in tournament literature of any refund policies in place for partially completed tournaments. If no such policy is communicated, participants should assume and be aware that no refund policy is in place Refunds of the entire fee is appropriate if the tournament site is moved fifty miles or more from the advertised site at the option of the participating team.

The guiding principle of disclosure for CABA sanctioned tournaments is that hosts have the right to determine their tournament format at the same time potential participants have the freedom to determine

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Continental Amateur Baseball Association Section 3 Tournament Formats Revised November 7, 2007

whether or not they wish to participate. CABA would suggest that participants consider the reputation of the tournament director, tournament location, published minimum game number, refund policies and means by which a tournament champion (advancing team) will be determined prior to making application for participation. If this information is made public by the tournament director and a team elects to participate, that team must accept responsibility for their choice if they are not satisfied. It is understood by reasonable people that time and clear weather are needed to properly prepare a field after a rain interruption. It is important that potential participants do their homework prior to registration in any tournament, not just CABA sanctioned events.

3.03. Regional, State & Separate State Rules

It is the belief of CABA that different regions of the country and different states and separate states within the regions play by such wide ranging rules that national rules will be kept at a bare minimum. In fact, CABA permits each region and each state or separate state to have rules that may conflict with CABA rules providing that regional winners play by national rules at CABA World Series and that state winners or separate state winners play by regional rules at CABA regional tournaments. Each regional director will have the authority to develop their own regional rules which hopefully will also be kept at a bare minimum. Each state director and separate state director will have the authority to develop their own state or separate state rules.

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Continental Amateur Baseball Association Section 3 Tournament Formats Revised November 7, 2007

3.04 CABA World Series and National Championship Formats.

Pool Play leading to elimination brackets:

CABA World Series formats and National Championship differ, dependent upon the level of play.

In a CABA World Series, the goal is to have tournaments with a number of teams divisible by 3,4 or 7 so that we can give every team their 6 games in pool play. We will then, as a general policy, eliminate the consolation brackets, unless the site insists upon having a consolation bracket. Of those teams with the best overall records through (perhaps different layers of pool play) will advance to a double elimination championship bracket. For instance, if it is a 40 team tournament, perhaps only 16 teams will advance. That number of teams could even be just 8, since teams will have played 6 games having ample opportunity to show they are one of the best 8 teams.

The goal isn't just getting an even number of teams but it's specifically 4, then denominations of 8 teams from there (8, 16, 24, 32) so that we have clean brackets that will result in only 1 undefeated team waiting to play the winner of the once previously defeated.

National Championship will be able to play either a 3 game pool play schedule followed by a limited double elimination bracket (while giving the teams not qualifying for the championship two additional courtesy games to give them their 5 games) Their alternative is to play 4 in pool play, then take 4 or 8 into the championship single elimination, while those not qualifying for the championship get to play an additional courtesy game.

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Continental Amateur Baseball Association Section 3 Tournament Formats Revised April 30, 2009

3.05 Elimination Bracket Seeding

The CABA seeks a World Series format that will result in the best team being crowned champions. The structure of our tournaments makes pool play games meaningful and of course, the double elimination phase critical for those teams seeking to be World Series champions. While considerable care is given to balance the pools competitively and geographically, there is likely to be disparity in competitiveness from one pool to the next, however, this format provides the best mathematical process for determining bracket seeding. Points needful for participants to understand are as follows:

Tie breaking method:

Teams with the best records coming out of pool play are the higher seeds. In the event two teams have the same record at the conclusion of pool play, the head to head winner shall be the higher seed, (if those teams played in pool play).

Where tied teams did not meet in pool play or three or more teams have the same record, the following progression will be used, with one seed determined at a time, then going back to the first criterion as each seed is determined.

The following is that progression: (1) Head to head winner in game between tied teams that have played. (2) On an average per game played basis (forfeits not counted) the fewest runs allowed in that specific set of pool play games. (3) Average run differential in that specific set of pool play games (forfeits not counted). (4) Draw or coin toss. Again, as noted above, each seed is determined individually, revert back to criterion # 1 progressing through the same scenario to determine the next seed. As with the NCAA bracket, the overall number one and two seeds, for example, will be placed at opposite ends of the bracket.

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Continental Amateur Baseball Association Section 3 Tournament Formats Revised April 30, 2009

The CABA insists upon championship brackets of 8, 16 or 32 teams, depending upon the number of teams participating in the World Series. This bracket eliminates confusing and sometimes unfair byes. If a consolation bracket is elected, there may well be an odd number of participants and a bracket with multiple byes may have to be utilized. (2) **THE WORLD SERIES DIRECTOR HAS SOLE AUTHORITY TO DETERMINE THE NUMBER OF TEAMS ADVANCING TO THE DOUBLE ELIMINATION CHAMPIONSHIP AND WHETHER A CONSOLATION BRACKET OR COURTESY GAMES (IF NECESSARY TO PROVIDE THE GAME GUARANTEE) WILL BE IN PLACE.** 3) If wild card spots are needed to create a balanced bracket, the same procedure as stated above will be used in determining those spots.

3.06 Special World Series Double Elimination Fee.

A World Series may elect to charge teams a separate \$200 (cash only) fee to participate in (any consolation elimination). If a team does not show to play one of their games, that game would be a forfeit (not a bye) and the umpires would be paid from the \$200 fee with the balance of the fee being given to the team they were supposed to play. If the team still has a second game left, that game would also be a forfeit (not a bye), but the team they were scheduled to play would be notified ahead of time and would not receive any funds. The team leaving early will not be allowed to participate in CABA World Series or National Championship in future years. It is OK to leave early and to not play the double elimination tournament phase of the tournament,

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but once the fee is paid and the schedule is made up, when a team leaves, it causes a major disadvantage to some of the other teams. Since this problem usually occurs in the consolation championship, almost all Tournaments charge this fee exclusively to teams in the consolation bracket.

3.07 Teams Leaving Tournament Early.

Teams are free to leave the tournament before the second phase of the CABA World Series or National Championship starts, provided that they notify the tournament committee prior to the conclusion of their final pool play game.

3.08 Weather Problems.

In case of weather related problems, the Tournament Director has the authority and responsibility to make adjustments to complete the Tournament by the stated completion date.

A. Rain or Darkness Policy. In pool play only: 7 Inning game Losing team must have batted 5 times or equal number of times as winning team if beyond that point in game. 6 Inning Game, losing team must have batted 4 times minimum and or equal number of times as winning team if beyond that point in game. In the event a game has passed the point of 5 innings for a 7 inning game or 4 innings for a 6 inning game and is stopped by rain or darkness, the score shall revert back to the last completed inning. Where no time limit rules are in effect in pool play, the site shall announce at the pre-series meeting what rules will apply to tie scores at the conclusion of the regularly scheduled game lengths. This shall apply only to pool play games, which can result in a tie. Games in the elimination phase shall be played to their completion unless stopped by the prescribed run rule.

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3.09 Travel Allowance.

No prize money is to be given to any team in any CABA tournament based on standings. For World Series that are split in two phases, travel allowance money may be given to teams based on travel distance, length of stay and/or hotel/meal expenses, providing the team can give receipts for an amount equal to or higher than the expense money given them. Travel expenses are rare and are not to be expected.

3.10 World Series Follow these Rules.

Tournament Directors, tournament officials, and groups of managers and coaches at pre-tournament World Series meetings are **not** allowed to change or add to these rules. Rules **can only** be changed at the annual officers' meeting or at the annual meeting of the association. We encourage tournament directors, tournament officials and groups of managers and coaches at the World Series sites to discuss possible rule changes that should be submitted in writing to the association for approval or rejection at the annual meetings.

4.1 Length of Game.

Ages	Regulation	Start 8 run rule after	Start 12 run rule after
8 – 11	6 Innings	4th inning	3rd inning
12 – 18	7 Innings	5th inning	4th inning
19 I.	9 innings	7th inning	5th inning

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Run Rule: If the home or the visiting team has a run lead or more at the end of the inning in the chart above or any inning after that the game shall be terminated.

Time Limits: In all CABA World Series and National Championships, the tournament director MAY impose a time limit of 2 hours OR 2 hours and 15 minutes on pool play games only. There shall be no time limit on elimination round games. The clock shall start at the instant of the first pitch of the game. In the event of a formal protest or legitimate injury, the clock will temporarily stop until the umpire declares "play". (The clock will also stop if the team leading in the score engages in any argument or game stalling tactics (AS DETERMINED BY THE UMPIRE). As the clock winds down, the next inning shall be considered to start at the time the third out of the bottom of each inning is recorded. If the score is tied when time runs out, or at the end of 7 innings of play, the tournament director shall make the determination as to whether one or two additional innings will be permitted to break the tie. If, after the extra inning's has/have been played and the score remains a tie, the game will be final and each team shall receive 1/2 point in the standings.

Where time limits are imposed in pool play, the clock will stop in the event the game is halted due to injury, protest, weather or light failure. Managers of each team will be given the time of stoppage by the umpire and at the start of play, it shall be made clear as to what the time constraints are. IT IS THE RESPONSIBILITY OF EACH TEAM TO HAVE A CLEAR UNDERSTANDING WITH THE UMPIRE AND WITH EACH OTHER WHAT CONSTITUTES THE TIME AFTER WHICH NO NEW INNING WILL RESUME. DO NOT RESUME PLAY UNTIL THIS IS MADE CLEAR. If the game resumes, it will be assumed that everyone has an understanding of the matter.

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Note: Time limits and any subsequent tie breaking methods may or may not be imposed at the discretion of the tournament director. Some sites will elect this option and others will not. ALL DETAILS WILL BE SPELLED OUT AT THE PRE-WORLD SERIES COACHES MEETING.

4.2 Limit of 2 Games per Day.

No team will be forced to play four (4) games in one day. Note: It is standard procedure for teams to play 2 games in any given day (but not necessarily all) days of the event. In the event the tournament director deems it appropriate for a team or teams to play three games in one day due to weather related problems/concerns or for the tournament to complete the prescribed schedule by the scheduled completion date of the event, the director may elect that option.

4.3 Forfeit Policy Because of Lack of Players.

A. Not enough players at the beginning of a game.

A team will be allowed a 10 minute grace period from the scheduled starting time of a game to field nine able bodied players before a forfeit may be declared. Teams arriving late give up all rights to infield and warm-ups other than the usual 8 pitches for the starting pitchers. At the tournament director's discretion (or designee), more time may be allowed.

B. Not enough players after the start of a game.

If at any point in a game a team cannot field nine players they may continue playing with less than nine players provided an automatic out is recorded to the vacant spot in the batting order.

C. Forfeit penalty because of a lack of players.

Any team forfeiting any game because of a lack of players in a round robin tournament shall be removed from the tournament after the current phase of the tournament is concluded.

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In any round robin phase of a World Series, after a forfeit because of a lack of players, the team must finish the current phase or the team shall be considered as leaving early and the penalty listed elsewhere in this rule book shall be enforced. At the tournament director's (or designee's) discretion, this penalty may be waived.

4.4 Field Dimensions

Division	Bases	Mound
8 & Under	60 Feet	44 Feet
9 & Under	65 Feet	44 Feet
10 & Under	65 Feet	46 Feet
11 & Under	70 Feet	50 Feet
12 & Under	70 Feet	50 Feet
13 & Under	80 Feet	54 Feet
14 & Under	80 or 90 Feet	54 or 60.5 Feet (will be designated by host)
15 & Older	90 Feet	60.5 Feet

4.5 Double Width Safety Base Optional

The use of the double width safety base at first base is **optional** in all divisions of the CABA. The orange part of the base will only be used by the batter coming to first base.

4.6 Designated Hitter Permitted in all Ages.

The designated hitter rule shall be permitted in all ages. In the 8-18 age divisions, including the high school division, you may DH for any of the nine position players in the lineup rather than the pitcher only. In addition, you may reenter the starting DH in accordance with our reentry rule. (a) A hitter may be designated to bat for a starting player and all

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subsequent substitutions for that player. (b) A designated hitter must be selected prior to the game and must be included in the lineup cards presented to the Umpire in Chief. (c) The designated hitter so named must come to bat at least one time, unless the opposing club changes pitchers (d) Pinch hitters for the designated hitter may be used. A replacement DH may not reenter if removed. (e) A DH may be subsequently used defensively, continuing to bat in the same position in the order but the person being DH'ed for must then bat in the place of the substituted defensive player unless more than one substitution is made and the manager then must designate their spots in the batting order. (f) A courtesy runner for the DH is not permitted and any substitution then becomes the DH. (g) A designated hitter is locked into the batting order. No multiple substitutions may be made that alter the batting rotation for the remainder of the game. (h) Once the individual being hit for bats the DH rule is terminated for the remainder of the game. That individual may not only pinch-hit for the DH but may assume a different spot in the order if the DH assumes a defensive position other than his or hers. In the college and unlimited age divisions, the American League DH rule is used, with the DH batting only for the pitcher. In addition, there shall be no reentry for the DH and the designated hitter must be listed in the starting lineup and may not be inserted after the start of the game.

4.8 Extra Player (EP)

In ages 8-18 (excluding the High School Division) the extra player (EP) shall be optional to each specific team. The EP is an additional player in the batting order and may bat anywhere in the 10 man batting order. The EP does not assume an additional position on the field, but can be interchangeable with any defensive position. batting order becomes vacated prior to the game being

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completed and there is no legal substitute available, an automatic out will be recorded each time the vacated spot in the batting order comes to bat with no exceptions. In the unlikely event the EP must continue to bat in his original batting spot. The DH must then assume a defensive position or now be listed as the EP thus the DH position is eliminated. The original DH must remain in his original position in the batting order.

4.10 Reentry Policy.

In all age divisions except the senior and unlimited the following reentry rule will apply. All starters may reenter once including the pitcher and the DH. Offensively the player must be placed in their original position in the batting order. Defensively: In the 8-12 year old age divisions if removed from the mound, the pitcher must be placed in another defensive position, but is not permitted to return to the mound; in the 13-18 year old age divisions, including the High School age division, the pitcher may be reentered either as a pitcher (if he/she has not been removed because of two trips to the mound in the same inning) or may be reentered in another defensive position. Nonstarters are not permitted to reenter. Reentry is not permitted in the Senior and the unlimited age division.

4.11 Pitching Limitations.

In a position statement on youth baseball injuries presented by the USA baseball medical and safety advisory committee dated May 2004, while stating that baseball is one of the safest sports available for youth, they state many of the serious injuries suffered by adult baseball pitchers may have begun to develop at the youth level. In order to minimize the risk of injury to the pitching arm, the committee has developed recommendations to coaches and parents.

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CABA RECOMMENDED PITCHING LIMITATIONS

(This is a recommendation to coaches, as distinguished from pitching rules that shall be outlined following the USA Baseball Medical Advisory Committee Recommendations below.

(1) **Taking action to remove him/her from the game when a youth pitcher complains of pain.** If he/ she still complains of pain after four days or the next time he/ she pitches, seek medical attention. (2) **Pitch counts should be monitored, count guidelines are for games only** and do not include between outing workouts (CABA note: that are most often recommended to be done on flat ground). (3) **Do not throw breaking pitches until sufficiently mature (typically about 13-15 years of age).** (4) Pitchers are discouraged from playing for more than one team. (5) Compete no more than 9 months of 12. During this periodization process, pitchers are encouraged to avoid activity that necessitates overhand throwing. (6) **Through the developmental process, pitchers should work to develop proper mechanics and include more year round conditioning as their body develops.** (7) **Avoid showcases without proper rest both before and after.** They are a particular risk when participation is at the end of an exhaustive season. (8) Pitchers should not return to the mound once removed as a pitcher. The link to this article on the USA Baseball web site is on our CABA web site at www.cababaseball.com under the current year.

C.A.B.A. Pitching Limitation RULES (These must be strictly adhered to)

Their pitch count guidelines follow:

Ages	Pitches Per Game	Pitches Per Week	Pitches Per Season	Pitches Per Year
9-10	50	75	1000	2000
11-12	75	100	1000	2000
13-14	75	125	1000	3000
15-18	100	150	1500	3500

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The responsibility of protecting the player is strictly in the hands of the manager. It is his/her duty to count pitches and see that the player does not do anything to hurt himself/herself while playing in a CABA tournament in which he/she is the manager.

Note: The end of a day for the pitching limitation rule is the time of day or night when the ball park is shutdown, the lights turned out and the teams go home for the night break. **In those rare cases where, because of weather or otherwise, games may go on continually on a 24 hour basis, the tournament director will announce the end of the day for pitching limitation purposes.** Games that either because of a rain delay or otherwise extend past midnight or start late at night past midnight and before the teams take the night break will still count as though they are on the previous day's play. If the game continues after the night break (the next day) that part of the game will count as though it were the following day.

There are no pitching limitations for the Senior Divisions and higher level age brackets. There are pitching limitations for the 8 through 18-year old age divisions. Where there are pitching limitations the following rule applies: When a pitcher is credited with one more out than the number of outs in the number of innings in the any column below for his/her age division in any one day column. A penalty will not be imposed if a pitcher's allowance is exceeded because of a double play or a triple-play.

In the 8 & under division the tournament director has the option of player pitch or coach's pitch. The pitching limitation rule only applies in the events that are player pitch.

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Another restriction for the 8 through 12-year old age divisions is that any time a pitcher has been removed from the mound for any defensive reason, that pitcher may not pitch for the remainder of that game. This includes not allowing a pitcher to return to the mound after he/she has been removed from the mound and remained in the game at another position. Offensive moves such as pinch hitting and pinch running are not affected by this rule if there is no gap in his/her pitching.

If another pitcher throws one pitch or more, then this rule forces a pitcher that reenters a game using the reentry rule in the 8 through 12-year old age divisions to play another defensive position.

Because there is no practical system in place for counting pitches at a world series site, CABA has developed the following pitching restrictions for world series play:

For purposes of this rule in all columns below a pitcher has not violated the rule until he/she obtains one more out than the number of outs in the number of innings listed and the excessive out is recorded on the official score sheet as the extra one third inning. For all cumulative totals in this rule, one out is one third of an inning, two outs is two thirds of an inning and three outs a full inning exactly as the pitching records on any official score sheet.

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**World series Pitching limitation Table
Maximum Innings Pitched in:**

Division	1 Day / 2 Days	No Rest Required	1 Day Rest Required	2 Days Rest Required	3 Days Rest Required
8 & U	6 / 7	0-1.0	1.1-2.0	2.1-3.0	Over 3.0
9 & U	6 / 7	0-1.0	1.1-2.0	2.1-3.0	Over 3.0
10 & U	6 / 7	0-2.0	2.1-3.0	3.1-4.0	Over 4.0
11 & U	6 / 7	0-2.0	2.1-3.0	3.1-4.0	Over 4.0
12 & U	7 / 8	0-2.0	2.1-3.0	3.1-4.0	Over 4.0
13 & U	7 / 8	0-3.0	3.1-4.0	4.1-5.0	Over 5.0
14 & U	7 / 8	0-3.0	3.1-4.0	4.1-5.0	Over 5.0
15 & U	7 / 8	0-3.0	3.1-4.0	4.1-6.0	Over 6.0
16 & U	7 / 9	0-3.0	3.1-4.0	4.1-6.0	Over 6.0
* High School ***** See Note Below *****					
* 18 & U ***** See Note Below *****					

Note:) In the High School and 18 and under age levels, a pitcher is permitted to throw 10 innings in a three day period (as permitted in High School National Association rules). In ages 14 and under, no pitcher may pitch in more than 2 consecutive days and that within prescribed in the pitching limitation table above. In ages 15 and above, as an additional rule, no pitcher is permitted to pitch four consecutive days.

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Penalty: If anyone can convince the World Series director that a pitcher has violated these rules for any reason the World Series director will apply the following penalty:

A.If a pitching limitation rule violation occurs, the pitcher used in violation of established pitcher limitation rules may subsequently play a non pitching position, but may not pitch for two extra days beyond his normal rest days as established in the World Series Pitching Limitation Table.

Forfeit Penalty. If the opposing manager, the tournament statistician or the tournament director feels the other team is violating this rule, any one of them can challenge the other team. If, **after warning**, the manager does not remove the player from the mound and the tournament committee determines there is a violation, a forfeit will be declared.

4.12 Two Trips to the Mound

Any time a Coach or manager makes two trips to the mound in the same inning to the same pitcher in any CABA tournament that pitcher may not pitch for the remainder of that game. The player may play in the game in another position, but may not return to the mound for any reason. Any pitcher reentering the game by the reentry rule must play in another position if affected by this rule.

4.13 Offensive Conferences.

Maximum of one conference per half inning per team.

4.14 Between Innings Procedure.

Each team is allowed no more than eight pitches for their pitcher and shall not consume more than one minute of normal throwing the ball among infielders and outfielders between innings. Teams are not allowed to use the bat for infield practice between innings

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4.15 Lead Offs, Base Stealing & Balks.

Regular baseball leadoffs and base stealing are permitted in all age divisions. Regular balks will be used except in the 8- 12 year age divisions. In the 8 and under division the Tournament Director has the option of using leadoffs, stealing, bunting, balks and infield fly rule. If balks are used in the 8 and under age division, the CABA balk rules for 9-12 year age divisions applies. In the 8-12 age divisions the hidden ball trick will not be permitted. The hidden ball trick means that the defensive team simulates the start of a play when someone other than the pitcher has the ball. Any play that begins with the ball in the pitcher possession and the pitcher is at or near the pitcher's plate is not considered to be a hidden ball trick.

Special balk rule for the 8-12 year age divisions only. Minor violations, such as going to the mouth followed by going to the ball while on the mound, dropping the ball while on the mound and losing balance or swaying because of the weather should be ignored if they do not affect the game by putting an offensive player out. The hidden ball trick is not permitted in the 8-12 year old age divisions, hence the associated balk rule will not be called in these age divisions. The following six simplified balk rules will be used in the 8-12 year old age divisions. These rules should be strictly enforced so the offensive team is not put at a disadvantage. Runners should not be called out if these rules are violated.

A violation of any of the following six pitching rules should be the only reason to call a balk in the 8-12 year old age divisions.

1. The pitcher, while touching his plate, makes any motion naturally associated with his pitch and fails to make such delivery.
2. When a pitcher steps on the rubber before the set position, one hand must be at his/her side with the other hand free. The ball can be either in the bare hand or in the glove.

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3. While in the set position, before going to home plate, pitchers must hold the ball in both hands in front of his/her body and come to a complete and discernible stop with both feet on the ground. A complete stop shall not be construed as occurring because of a change in direction of the hands and arms. However, the pitcher may throw to any base before or after the stop. The stop is necessary only before throwing to home plate.

4. While in the set position, a pitcher must step, with the foot that is not directly in contact with the rubber, directly to the base that he/she is throwing to.

5. While in the windup position, the pitcher must step back off the rubber with the foot in contact with the rubber, not free foot, before attempting to pick a runner off base.

6. While on the rubber, the pitcher fakes a throw to first base and does not complete the throw.

4.16 Spike Restrictions.

Metal spikes are not permitted in the 8-12 age divisions. Metal spikes are permitted in all other ages.

4.17 Catcher's Equipment.

In ages 8 – 18 & under, catchers must wear hockey style mask and helmet. Bull pen catchers or any other player warming up a pitcher must wear a mask and helmet.

4.18 Bat Boy/Girl and Base Coaches: Anyone serving as a bat boy/girl or as a base coach MUST wear an approved NOCSAE batting helmet. Of course the coach only needs it on their head while coaching a base, not in the dugout. The batting helmet is not required to have ear flaps for the coaches, but must have ear flaps for the bat boy/girl.

4.19 Courtesy Runners.

In all divisions (except the High School, Collegiate and the unlimited Age Division s) the following courtesy runner rule will be **Optional**: teams may use a courtesy runner for both the pitcher and/or the catcher of the previous inning.

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The runner must be someone not presently in the line up (except as a runner under this rule). The same player may not be used as the courtesy runner for both the pitcher and catcher in the same inning. The pitcher's or catcher's reentry status isn't affected by this rule.

4.19.1 Intentional Walk

In all levels 18 and under, and optional at the discretion of the tournament director in above 18 age divisions, Inform the umpire of the defensive team's desire to intentionally walk the batter. The batter will be awarded first base without the pitcher throwing a pitch.

4.20 Bat Restrictions.

There are no bat restrictions in CABA events ages 8 – 14 & under. In age divisions 15 and Under through 18 and under, a bat shall not weigh less than three ounces subtracted from the length of the bat (i.e., a bat 33 inches long cannot be less than 30 ounces). All non-wood bats shall meet the Ball Exit Speed Ratio (BESR) performance standard, and such bats shall be labeled with a silk screen or other permanent certificate mark. Any CABA event designated as "Wood Bat", only wood bats that meet major league wooden bat specifications are approved. (Composite bats are not permitted)

4.21 Safety Rules (Avoid Contact).

In the 8 through High School level divisions, players must follow safety rules that protects the defensive player, which in general means they must avoid malicious contact at home plate or any other base rather than try to take the defensive player out of the play. The runners will be called out and ejected from the current game for failure to act accordingly.

4.22 Disorderly Conduct

The use of alcohol is strictly prohibited. Any player, coach, or parent/fan whose conduct is unbecoming or "out of place" will be at the least warned, but may be removed from the playing field at the discretion of the tournament officials or the umpires. This includes a team forfeiting or being removed from the tournament, if

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necessary. Unless an umpire has been physically touched, the umpire will send them to the dugout with one minute warning that a forfeit is about to occur. Umpires don't have the authority to remove a team from the tournament. Only tournament officials may remove a team from the tournament. If necessary, parents and fans will be removed from the park by legal authorities.

4.23 Manager, Player or Coach Ejections.

If a manager or coach is ejected from the game he/she must sit out the remainder of that game. The manager or coach must be removed from the dugout. Failure to comply with this rule will result in removal from the park and permanent suspension from the remainder of the tournament. In the event anyone threatens an umpire with any form of violence, he/she will be arrested and is subject to prosecution. If adult supervision is not available as a result of this rule the team may be given the choice of a tournament representative to coach the team until the manager or coach is permitted to return or a forfeit will be declared. In the event a player is ejected he/she must sit out the remainder of that game and the following game. If the ejection is a result of improper conduct or malicious contact, the tournament director may impose additional suspensions (as with a manager or coach ejection). A second player ejection of the same player during the course of the World Series will result in the player being ineligible for the remainder of the Tournament.

Appeal Process: If a manager, coach or player wants to appeal an ejection it must be submitted in writing to the tournament director, his/her designee

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of the Umpire in Chief within 30 minutes of the completion of the game in which the ejection took place. The tournament director, his/her designee, umpire in chief and the umpires from the game in which the ejection occurred will discuss the ejection with the manager and the person ejected. The ejection penalty can only be waived if the umpires from the particular game and the tournament director, his/her designee, umpire in chief all agree a waiver can be granted.

4.24 Dugout Personnel.

The use of alcohol and / or tobacco and / or substance abuse is strictly prohibited in the dugout or playing area. There is a limit of six non-playing personnel permitted in the dugout. Only the manager and coaches are permitted on the field, except in an emergency. If the batboy, scorekeeper and/or trainer come out of the dugout to dispute calls or talk to the umpire for any reason, except when called by the umpires, they will be removed from the playing field and dugout for the rest of the tournament.

4.25 Protests.

All protests must be adjudicated "on-the-field" so that the game will continue. In World Series, each tournament should have at least one national or state umpire association member to help the tournament officials make quick decisions on protests. The tournament officials will be the final voice at respective level tournaments. In the absence of tournament officials, the umpires ruling shall be final.

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4.26 Coaches Attire

At all times, base coaches shall wear a full team uniform, or a coaching uniform that is consistent to the theme of the team uniform. Short or long sleeve tops are permissible if they coordinate with the team uniform. Shorts are permissible if coaches are dressed similarly in team theme style. Khaki pants or blue jeans are not permissible. If the weather is unbearably hot or cold, exceptions may be made at the discretion of the tournament director.

This body of the Continental Amateur Baseball Association (C.A.B.A.) rules is one of three publications designed to simplify participation in our organization.

The CABA Rule Book is designed to provide coaches with the method by which a team may

- (1) qualify for participation in C.A.B.A. qualifiers and World Series.**
- (2) Understand the C.A.B.A. tournament format**
- (3) Know and understand the rules by which games are played.**

To understand Continental Amateur Baseball Association (C.A.B.A.) bylaws, structure, officers' duties, chain of command, administrative procedure, financial aspects and to identify individuals in leadership roles within the organization, please refer to "C.A.B.A. By- Laws and Administration" located on the C.A.B.A. web site.

For administration of state, regional and World Series directors responsibilities and procedural policy, please refer to the "C.A.B.A. Directors Manual".

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Baseball Association**

2009

National

Hall of Fame

Inductees

Andy Nieto

Becky Brookhart

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**Continental Amateur Baseball
Association**

**Main Awards for
2009**

Roger Tremaine Person of the Year

Rob Mackey

Vice President Information Systems

CABA Director Of The Year

John Davenport

14 and Under 60 X 90 World Series

Past Presidents Award

Ben Herrera

Vice President Southwest & Pacific

John E Mocny Commissioner Award

Harry Oschip

Ohio Valley Regional Director

World Series Site of the Year

Charleston South Carolina

18u Wood Bat World Series

Graduate of the Year

Matt Wieters

Baltimore Orioles

Special Event Award

Opening Ceremonies 9, 11, & 15 WS Series

EnRico Heirman National Director

Special Achievement

13 and Under World Series

Mark Galyean - National Director

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2009 CABA World Series Summary

Age	Champion	Runner-up	
Div			
9 Gold	Cincy Flames	11 Lincoln - Way Prospects	2
9 Silver	Brooklyn Park Pirates	6 Avon Twp Double Headers	5
10	Central Ohio Select	11 Sports Worx Stars 10u	5
11 Gold	Puerto Rico Braves	4 Plainfield Warriors	2
11 Silver	Lockport Vipers	11 Naperville Renegades	6
12 Gold	Chicago Braves	13 West Chester Sluggers	4
12 Silver	MSA Blacks	8 Toledo Stars BB Club	2
13 Gold	Vaqueros Bayamon, PR	14 Louisville, KY Diablos	6
13 Silver	Ohio Storm	4 Naperville Renegades	1
14 54/80	Indiana Bandets	8 Mt. Juliet Bearcats	5
14 60/90	Oakland, Michigan A's	6 Seattle, WA Select Purple	1
15 Gold	East Cobb, Georgia Astros	19 Lids Indians Bulls	0
15 Silver	Sparks American	8 Illinois Indians	4
16	East Cobb, Georgia Astros	9 East Cobb, Georgia Titans	1
HS	Top Tier Am, Lake Forest, IL	6 FL Am. Legion Post 43 Red	0
18 WB	Midland Indians, Cincy, OH	8 SC Diamond Devils 18s	5
18 ALB	Long Grove A's	6 Vipers Baseball	5

2009 National Championship Summary

Age	Champion	Runner-up	
Div			
13 GL	Anderson Heat	5 Ohio Elite	4
14 GL	Grosse Pointe Redhawks	13 Tigers	3
15 GLwb	Patterson Park Classics	16 Kinect Sports	5
16 GL	Cincinnati Bulldogs	3 Downriver Outlaws	1
18 GL	Michigan Muskrats	6 Lorain Panthers	6
18 SE	Clarksville, TN Orioles	11 Roswell, GA	10

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2010													
January							February						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	7
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28						
31													
March							April						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6			1	2	3	4	5
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	
May							June						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												
July							August						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30	31				
September							October						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3		1	2	3	4	5	6
4	5	6	7	8	9	10	3	4	5	6	7	8	9
11	12	13	14	15	16	17	10	11	12	13	14	15	16
18	19	20	21	22	23	24	17	18	19	20	21	22	23
25	26	27	28	29	30		24	25	26	27	28	29	30
							31						
November							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31				

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National Championship Directors

**GREAT LAKES,
St. Clair Shores, Michigan**

10 - 14,16 &18 and Under Alum Bat GL Divisions
Mark Andrus, 52410 Michele Lane, Shelby Township,
Michigan, 48315 H (586) 215 - 3684, FAX (586) 781 9603,
E mail: aaba@comcast.net
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**Springboro, Ohio
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Jerry Salyers, 1327 Oak Knoll Circle Miamisburg, Ohio 45342
Home (937) 901-7616,
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**Southeast
14 and Under Alum Bat SE,**

Mike Felton, 45 Nelums Road Cadiz, KY 42211-8556
(270) 348-1053, E mail: Michael.Felton2@us.army.mil
Website:<http://www.eteamz.com/doghousesports/index.cfm?>

**Great Plains
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18 and Under Wood Bat GP Mike Bohanan,
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**Midwest
9, 11,12, 15 & and Under Alum Bat MW**

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West

13,14,15 and Under Wood Bat W
Bill Becket, Spooner Creek Lane, Blaine, WA,
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10 Alum and Under Division, Chgris Estep

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14 Alum Bat and Under Division (60/90), John Davenport,

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15 Alum Bat and Under Division, EnRico Heirman

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15 Wood Bat and Under Division, John Rhodes

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16 Alum Bat and Under Division, Guerry Baldwin

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High School Alum Bat Age Division, Ed Carpenter

President, Executive Search of America, LLC, 22700 Shore Center
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17 Wood Bat and Under Division, John Daigle,

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18 Wood Bat and Under Division John Rhodes

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18 Alum Bat and Under Division, Scott Ruark

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email: scott.ruark@youngstownclassb.com

19 Wood Bat and Under Division Jim Mull

6530 West 35th Street, Tulsa, Oklahoma, 74107
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2010 National Championship Sites and Dates

Division	Location	Dates
Great Lakes		
10 Alum Bat	St. Clair Shores, Michigan	July 23 - 29
11 Alum Bat	St. Clair Shores, Michigan	July 16 - 22
12 Alum Bat	St. Clair Shores, Michigan	July 23 - 29
13 Alum Bat	St. Clair Shores, Michigan	July 16-22
14 Alum Bat	St. Clair Shores, Michigan	July 23-29
15 Wood Bat	Springboro, Ohio	July 8 - 13
16 Alum Bat	St. Clair Shores, Michigan	July 23 - 29
18 Alum Bat	St. Clair Shores, Michigan	July 16 - 22
Southeast		
14 Alum Bat	Hopkinsville, Kentucky	July 1-8
Great Plains		
9 Alum Bat	Tulsa, Oklahoma	July 7-11
10 Alum Bat	Tulsa, Oklahoma	July 7-11
11 Alum Bat	Tulsa, Oklahoma	July 7-11
12 Alum Bat	Tulsa, Oklahoma	July 7-11
13 Alum Bat	Tulsa, Oklahoma	July 7-11
14 Alum Bat	Dallas, Texas	July 7-11
16 Alum Bat	Broken Arrow, Oklahoma	July 7-11
18 Wood Bat	Lincoln, Nebraska	June 22 - 25
Midwest		
9 Alum Bat	Noblesville, Indiana	July 13-18
11 Alum Bat	Noblesville, Indiana	July 13-18
12 Alum Bat	Noblesville, Indiana	July 13-18
15 Alum Bat	Noblesville, Indiana	June 30 - July 4
West		
13 Wood Bat	Blaine Washington	July 8 - 11
14 Wood Bat	Blaine Washington	July 1 - 4
15 Wood Bat	Blaine Washington	July 15 - 18

Note: First date listed is report date.
Games will be played starting the next day.
Last day listed is for perfect weather.
All games will be completed later if rained out.
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Annual Officers and Rules Meeting
 Atlantic City, New Jersey
 August 15 - 20, 2010
 Annual Meeting in Las Vegas, Nevada
 November 30 - December 6, 2010

CABA World Series Sites & Dates

Division	Location	Date
9 Alum Bat	Woodstock, IL	July 24 -31
10 Alum Bat	Westfield, IN	July 14 -21
11 Alum Bat	McHenry, IL	July 24 -31
12 Alum Bat	Sylvania, OH	July 24-31
13 Alum Bat	Westfield IN	July 14-22
14 Alum Bat 60/90	Lebanon, TN	July 16-24
15 Alum Bat	Northern IL	July 24-Aug 1
15 Wood Bat	Charleston, SC	July 12 - 18
16 Alum Bat	Marietta, GA	July 24-31
High School AB	Euclid, OH	July 22-30
17 Wood Bat	Millington, TN	July 12-18
18 Wood Bat	Charleston, SC	July 23 -30
18 Alum Bat	Struthers, OH	July 25-Aug 1
19 Wood Bat	Tulsa, OK	July 7-11

Note: First date listed is report date.
Games will be played starting the next day.
Last day listed is for perfect weather.
All games will be completed later if rained out.
CABA WS Directors Listed On Page #42

National Championship Sites and Dates
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 1173 French Court
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